The 18th of November is the International day of LGBTQ+ people in STEM and Polar Pride Day is an offshoot of this since the Polar Regions have such a strong focus for science, technology, engineering and maths.

Polar Pride Day launched in 2020 with participation from 49 countries with over 2000 tweets, 35 news stories and a global reach of over 12.8 million people! In 2021 we want to build on this success and take the Polar Pride message to an even bigger audience and we need your help to do it.

Get involved:
- Share your Arctic or Antarctic images, including pride flags or rainbow clothing
- Create a virtual or in person event at your institute or university
- Share your images, stories or celebrations on social media (or ask your communications team to help).
- Use the hashtags #PolarPride, #PolarPrideDay or #PolarPride2021
- If you are in the polar regions for November 18th please take a pride flag or ask your institution to fly one
- Get creative with artwork, baking, music or any other hidden talents
- Get in touch edi@polarnetwork.org & spread the word